

Portugal

DENTISTRY PROFESSIONAL OF THE YEAR

Dr Fernando Duarte (Clitrofa- Centro Médico, Dentário e Cirúrgico, Lda)

www.clitrofa.com | +351 252 428 960 | clinica@clitrofa.com

Established in 2002, Clitrofa is a dentistry surgery situated in Trofa. The multipurpose clinic specialises in comprehensive and holistic treatments in the field of aesthetics and rehabilitation in oral, facial and body terms. Speech therapy, plastic and reconstructive surgery, occupational therapy, nutrition and psychiatry and clinical psychology services are available alongside traditional dental treatments. Its 3,600m² facility is divided into four areas of intervention including a clinic, a surgical unit with general anaesthesia, a dental lab, and an education academy. The company's laboratory is equipped with the latest technology, enabling staff to carry out exams, surgeries, and dental rehabilitations efficiently. Clitrofa has also recently built a car park next to the facility, giving patients a safe space to leave their vehicles during consultations.

The judging panel was particularly impressed by the exceptional knowledge and experience of its co-founder Dr Fernando Duarte, who has also embraced technological advancements through a partnership with NSK-Japan. Dr Fernando has 20 years of teaching experience in the areas of oral surgery, implantology and oral medicine from his time at two prestigious higher education institutes – CESPU and ISAVE. His academy runs several courses and clinical residencies catering specifically to dentists, dental assistants and technicians, during which students are able to share and develop their understanding of workplace protocols. The academy further offers an annual training programme which enables students to remain up-to-date with the latest techniques, protocols and practices.



SPEECH THERAPY, PLASTIC AND RECONSTRUCTIVE SURGERY, OCCUPATIONAL THERAPY, NUTRITION AND PSYCHIATRY AND CLINICAL PSYCHOLOGY SERVICES ARE AVAILABLE ALONGSIDE TRADITIONAL DENTAL TREATMENTS.



DR FERNANDO DUARTE

The clinic's dental lab further develops state-of-the-art dental prosthetics (acrylic, metal and ceramic) based on CAD/CAM technology. The prosthetics were designed with the objective of achieving maximum dental aesthetics, mimicking dental naturalness as well as speeding up the completion of oral rehabilitation works for the clinic's patients. The judges also praised the addition of laser surgery at Clitrofa, as it has acquired a high-quality surgical laser called Fotona LightWalker, enabling it to offer less invasive treatments that result in far less pain and quicker recovery times. Dr Fernando completed a Fotona 'Laser Expert' certification and has since enrolled as a Master in Laser Dentistry at the Catholic University of Sacred Heart in Rome.